



everyone stronger

PRESS RELEASE
FOR IMMEDIATE RELEASE

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Luke Kerkaert Receives the 2015 All-American Athlete Award

Kerkaert is recognized for his outstanding accomplishments as a student athlete.

Colorado Springs, CO - The National Strength and Conditioning Association (NSCA) and EAS® Sports Nutrition are proud to announce Luke Kerkaert as a 2015 All-American Athlete Award recipient. This award recognizes Kerkaert's athletic accomplishments and his dedication to strength and conditioning. Nominated by Coach Brokaw of Archbishop Bergan High School, Kerkaert's determination to improve in athletics while maintaining academic prominence is a great model for all student-athletes at Archbishop Bergan High School.

"We are proud to have Coach Brokaw join the NSCA in its mission to safely improve athletic performance," says Coach Scott Caulfield, the NSCA's Head Strength and Conditioning Coach, "Supporting our student-athletes like Luke Kerkaert guarantees a stronger future for the NSCA."

Congratulations to Luke Kerkaert and for an updated list of the All-American Athletes of the Year award, visit www.nasca.com.

Media Note: For additional information about the NSCA All-American Athlete of the Year visit www.nasca.com or to make arrangements for an interview with Luke Kerkaert, contact Mike Hobson at 800.815.6826 x 109 or Michael.Hobson@nsca.com.

About the National Strength & Conditioning Association

The National Strength and Conditioning Association (NSCA) is an international nonprofit educational association founded in 1978. Evolving from a membership of 76, the association now serves nearly 30,000 members in 52 countries. Drawing upon its vast network of members, the NSCA develops and presents the most advanced information regarding strength training and conditioning practices, injury prevention, and research findings.

Unlike any other organization, the NSCA brings together a diverse group of professionals from the sport science, athletic, allied health, and fitness industries. These individuals are all in pursuit of achieving a common goal—the utilization of proper strength training and conditioning to improve athletic performance and fitness.

Central to its mission, the NSCA provides a bridge between the scientist in the laboratory and the practitioner in the field. By working to find practical applications for new research findings in the strength and conditioning field, the association fosters the development of strength training and conditioning as a discipline and as a profession.

Headquartered in Colorado Springs, Colorado, the NSCA serves as a valuable resource for its members, the fitness industry, general public, and the media. The association provides a wide variety of resources and opportunities designed to strengthen, build, advance, and unify.