

# Safely Return to School Blueprint

The purpose of this blueprint is to provide a framework for how Archbishop Bergan Catholic School will respond to the COVID-19 pandemic and its impact on the educational program at Archbishop Bergan Catholic School during the 2020-2021 school year. The framework is structured using tenets and tiers to allow our school to be nimble and responsive to changing public health circumstances. The presence of a formal plan will also support the school in articulating its plan for next fall in a clear, comprehensive, and transparent manner. This is a dynamic, working document that is subject to change based on the latest and future recommendations from Three Rivers Health Department, the State of Nebraska Health Department and the Center for Disease Control.

### **Archbishop Bergan Catholic School Vision Statement:**

Archbishop Bergan Catholic School provides an exemplary Christ-centered education that develops the whole child through service, active learning and innovative instruction in order to achieve high expectations in a global community.

### **Archbishop Bergan Catholic School Mission Statement:**

Archbishop Bergan Catholic School exists to instill a passion, as exemplified by Christ, for faith, knowledge and service.

### Beliefs in relation to student safety

- 1. The health & safety of the Archbishop Bergan Catholic School students & staff will always be our top priority.
- 2. School administration and staff will always follow Catholic Social teachings and beliefs.
- 3. If one cannot follow the school's policies directed to keep everyone safe, they will not be allowed on school property.
- 4. We will adhere to the recommendations of our local health agency and directives provided by the State Government.

### **Essential Planning Questions:**

- How can we effectively serve Bergan Catholic students educationally regardless of the modality and circumstances in which we are asked to serve them?
- Do school calendars, start times, or days of operation need to change to serve students within the guidelines to operate our schools safely?
- What school operations do we need to be prepared to alter on short notice as public health guidance changes when students and staff are on campus?
- How can we meet social distancing guidelines and still operate with some or all students on campus?
- How do we protect students in high risk categories when school is in session on campus and still deliver high quality instruction to them?
- How do we safely deliver an extracurricular program for sports, fine arts, and other co-curricular experiences?
- How do we protect staff in high risk categories when school is in session on campus and still operate a school effectively?
- What safety measures need to be in place to resume some degree of in-person instruction in the fall (e.g., screening)?
- How do we improve the quality of the remote learning experience for students and staff should an extended school closure be needed again in the 20-21 school year?
- What professional development, support, or planning opportunities do we need to provide to our staff this summer to prepare them for the 2020-2021 school year?
- What supplies and other resources do we need to acquire proactively to ensure we can carry out any on campus plans next fall?
- What steps can we take to promote best practices for personal hygiene for students, staff, and families?
- How can we meet the communication needs of stakeholders (families, students & staff) in a systematic way so that our efforts are not overwhelming and yet sufficient to explain the "what," "why," and "how" of any plans we make and implement?
- How will we respond if someone that has been on campus and has interacted with students and staff tests positive for COVID-19?
- How do we handle students that are unable to report to campus because they have been recommended for self-quarantine?
- How should we begin the 2020-2021 school year (instructionally and operationally)?

A decision was made by July 1<sup>st</sup> 2020, for Archbishop Bergan Catholic School to conduct face to face, in person, and social distanced instruction at each of the buildings to begin the school year on August 10<sup>th</sup>, 2020. Archbishop Bergan Catholic School is operating expecting full attendance and full length of the school day. Families with face to face attendance concerns due to underlying health issues must complete an administratively approved alternative learning plan form created by the school.

### **Safely Return to School Committee:**

Dan Koenig- Principal
Chris Rainforth- Assistant Principal
Lori McIntyre- Assistant Principal
Doug Moore-Guidance
Curtis Marolf- Teacher
Amy Sund- Teacher
Bonnie Nebuda- Advancement
Angela Gartner- Parent/Safety Committee Member
Dustin Weitzel- Parent/ Trinity Lutheran School Leadership

### Health providers who have been consulted with:

Tom Wolf- MD

Deb Baker- DNP

Tawa Uhing Three Birrara Han

Terra Uhing- Three Rivers Health Department

Regardless of which of the following scenarios that the school is operating under, there must be a concerted effort to instruct our students and staff in the area of health, safety and social distancing during a pandemic. We must educate our students about how the Virus spreads and how we can work together to contain the spread. Topic areas that we must provide visual models include hand hygiene (washing or hand sanitizer), how to cough & sneeze, things that we keep our hands away from, proper social distancing along with how and why we wear face masks.

The Definition of CONTACT: At the publishing of these standards, the CDC and health authorities provide a standard for what is considered "contact," when viral transmission risk is high enough to quarantine someone after encountering a person diagnosed with the virus. This is the bare minimum contact any school in full session within areas of "community spread" should consider.

- indoor environment with normal ventilation
- less than 6 feet away
- without a mask
- 15-minute duration or more

**Draft Core Planning Scenarios:** 

Scenario	Description	Rationale	
A TIER I & II GREEN & YELLOW	School is in session for all (100%) students and staff on campus in August.	<ul> <li>In this scenario, the school has a plan to meet guidelines provided for the reopening of schools and local public health conditions warrant a return to school on campus with appropriate safety precautions being made.</li> </ul>	
B TIER III ORANGE	Social Distancing Scenario - 50% capacity. Hybrid of on campus (in-person) and virtual (remote learning) instruction. Examples:  Option 1- AM/PM Cohort  Option 2- Alternating A/B Days  Option 3- M/W & T/TH with Friday online planning/ delivery.	<ul> <li>Actual hybrid approach. To be determined by committee.</li> <li>Why:         <ul> <li>Necessary to achieve social distancing expectations in public health guidance within the school.</li> <li>Necessary to adequately daily screen students and staff reporting to campus.</li> </ul> </li> </ul>	
C TIER IV RED	Remote Learning using the Alternative Learning Plan	Necessary in the event of an extended school closure of more than 2+ weeks.	

### **Core Planning Tenets:**

**Governance**: includes this document as the core structure that will guide decision making and the response to the public health crisis in addition to board policy, administrative regulations and memorandums which will guide the application of the district vision/mission during the pandemic.

**Screening**: includes steps taken to assess students and staff for COVID-19 symptoms prior to engaging in the school environment.

**School Operations**: includes aspects of how schools run such as arrival/dismissal, passing periods, visitor access, student movement throughout the school, staff meetings, recess, student attendance policies, and other aspects of operation that may be influenced by social distancing.

**Food Service**: includes school meal services such as lunch and grab and go when school is operating on campus and during extended school closure.

Cleaning/Facility Modifications: includes guidelines for custodians and staff for how to proactively avoid the spread of germs and illness, how to respond when someone who has tested positive for COVID-19 has been on campus, and any safety related facility modifications made to reduce exposure or eliminate existing high touch areas.

**Extracurricular Activities/External Facility Use**: includes sports, activities, field trips, and co-curricular functions beyond core, within school day, instruction as well as access to school athletic facilities by external groups.

**Academics**: includes plans to address unfinished learning, continuity of learning (remote learning) in the event of extended school closure, and the delivery of educational services to special populations (e.g., special education, etc.).

**Technology Services**: includes promotion and support for the use of instructional technology for in-person and remote learning as well as logistics related to the distribution of devices and technology support (device repair, internet access, etc.) in the event of an extended school closure.

**Transportation**: includes plans to keep students safe and healthy on school buses within guidelines provided by public health experts.

**Human Resources**: includes policies and programs related to staff absenteeism, strategies to address personnel shortages, and high-risk populations.

**Wellness**: includes social and emotional supports and programs for students and staff as well as the strategic promotion of good personal hygiene habits across the school campus.

PPE: includes recommended or required PPE for students and staff to be worn during regular school operations.

At-Risk or Vulnerable Populations: includes strategies to protect students and staff in higher risk categories.

Tiered Model: Many of the elements in the plan below have tiered levels of response from Archbishop Bergan Catholic School. The intended definition of each tier has been provided below; however, the application may vary depending upon guidance from local public health officials or the governor (issued directed health measures). The tiers below correspond with the Three Rivers Health Department Risk Assessment Dial that is updated on a weekly basis. Depending upon public health guidance and other local context, the application of the tiers may be applied more rigorously than the degree of spread indicated in the chart. For example, public health recommendations may compel the use of tier II or III strategies even when no area spread exists. Likewise, the school district may choose to apply tier II actions in one tenet area when the conditions and public health recommendations will only result in the use of tier I practices. In this way, the real intent behind the tiered model below is to proactively outline the progressively rigorous actions the district may take as circumstances change throughout the pandemic.

Tier I	No to Low Risk/Spread	
Tier II	Moderate Risk/Spread	
Tier III	High Risk/Spread	
Confirmed School COVID-19 Case OR Severe Risk/Spread	School/Classroom Dismissal for Cleaning and Contact Tracing (Three Rives Health Department Recommended).	
	Or Closed Campus	

Anyone from the Archbishop Bergan Catholic School Community can be made aware of the current status of the Greater Fremont Community's current COVID-19 exposure by visiting our local health department's website. We utilize the guidance from Three Rivers to make decisions for the operation of our school.

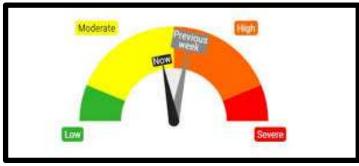
https://www.threeriverspublichealth.org/

### **Click on the link CORONAVIRUS UPDATES**

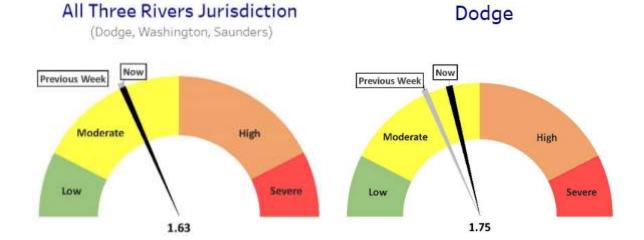
There you will notice the COVID-19 DASHBOARD with very detailed information about the current status of cases in Dodge County. The Risk Assessment Dial provides the guidance for which Tier of our Safely Return to School Blueprint Archbishop Bergan Catholic School operates under.

Please scroll down further on the webpage and you will see a Dial that looks like the following image...

### Three Rivers Health Department Health Risk Assessment Dial EXAMPLE



On August 2, 2020 the Dial looks like the following image...



## **Tenet: Screening**

**Screening**: includes steps taken to assess students and staff for COVID-19 symptoms prior to engaging in the school environment.

	School		
Standard Screening Practices	<ul> <li>Staff and parents self-screen at home. An informational handout will be designed and included in Back to School Packets and given to parents and staff which includes the following common symptoms of COVID-19: fever of 100.4 Fahrenheit or greater; cough; shortness of breath or difficulty breathing; chills (or repeated shaking with chills); unusual muscle pain; headache; sore throat; loss of taste or smell; exposure to someone who has been tested for COVID-19.</li> <li>Signage will be posted on all school buildings in a highly visible location as students prepare to enter the building which includes the common symptoms of COVID-19 and appropriate steps to take when these symptoms are present.</li> <li>All students, staff &amp; volunteers and visitors will have their temperature taken daily upon entry to the building. Anyone that experiences a body temperature of 100.4 Fahrenheit or greater; cough; shortness of breath or difficulty breathing; chills (or repeated shaking with chills); unusual muscle pain; headache; sore throat; loss of taste or smell; exposure to someone who has been tested for COVID-19 will not be able to enter the building.</li> <li>Any student who reports to staff any of the following symptoms will be referred to the designated area and they will have their temperature taken and be further assessed as deemed appropriate by the school staff.</li> <li>Professional development will be provided to all staff regarding the recognition of COVID-19 symptoms. Students exhibiting these symptoms will discretely be referred to the designated area and they will have their temperature taken and further assessed as deemed appropriate by the school staff.</li> </ul>		

#### **School Exclusion:**

Students and employees will be excluded from school if they test positive for COVID-19 or exhibit one or more of the symptoms of COVID-19 or failed the Student, Staff & Volunteer & Visitor Screen Assessment based on CDC Guidance that is not otherwise explained.

#### **Return to School After Exclusion:**

Once a student or employee is excluded from the school environment, they may return if they satisfy the recommendations of the CDC and Three Rivers Health that is outlined on the Student, Staff & Volunteer & Visitor Screen Assessment.

#### **Untested:**

Persons who have not received a test proving or disproving the presence of COVID-19 but experience symptoms may return if the following three conditions are met:

- They have not had a fever of greater than 100.4 degrees Fahrenheit for at least 24 hours (that is one full day of no fever without the use of medicine that reduces fevers); and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and

- At least 10 calendar days have passed since your symptoms first appeared.
- Families may contact <a href="https://www.threeriverspublichealth.org/">https://www.bestcare.org/methodist-fremont-health/</a> for testing information.
- The student has a note from a physician stating that their symptoms are not COVID related.

### **Testing Positive-Symptomatic:**

Persons who experience symptoms and have been tested for COVID-19 may return to school if the following conditions are met:

- The individual no longer has a fever for greater than 24 hours (without the use of medicine that reduces fevers); and
- Other symptoms have improved (for example, when your cough or shortness of breath have improved); and
- At least 10 calendar days have passed since symptoms first appeared

### **Tested Positive-Asymptomatic:**

Persons who have not had symptoms but tested positive for COVID-19 may return when they have gone 10 calendar days from the date they tested positive and have been released by a healthcare provider. Students may also return if they are approved to do so in writing by the student's health care provider after their 10 day quarantine period has expired.

### **Tested Negative- COVID-19:**

Persons who have been excluded due to COVID-19 symptoms and have tested negative may return once they are fever free for at least 24 hours without medication. The person or their parents should closely monitor their symptoms for the next 10 days.

### **Medical Inquiries:**

- If a parent tells the school that a student is ill, the school will ask the parent whether the student is exhibiting any symptoms of COVID-19.
- If an employee calls in sick or appears ill, the school can inquire as to whether the employee is experiencing any COVID-19 symptoms.

**Note**: Even without symptoms, if a student or employee has recently had contact with a person with a suspected or confirmed case of COVID-19, has someone in their home being tested for COVID-19, or has recently traveled from somewhere considered to be a "hot spot" by the CDC, the school may exclude the student or employee from the school building and recommend that they self-quarantine for 10 calendar days. Decisions in these circumstances will be made in collaboration with public health officials and will <u>vary based upon the specific circumstances</u>.

**Statement of Understanding, Consent Form, and Liability:** Every student attending Archbishop Bergan Catholic School will be required to sign a Statement of Understanding, Consent Form, and Liability form according to the Archdiocese of Omaha Catholic Schools Office requirement. Any student or parent refusing to sign this waiver will not be allowed to attend Archbishop Bergan Catholic School.

# **Tenet**: School Operations

**School Operations**: includes aspects of how schools run such as arrival/dismissal, passing periods, visitor access, student movement throughout the school, staff meetings, recess, student attendance policies, and other aspects of operation that may be influenced by social distancing.

	School			
	<ul> <li>Upon arrival while students are waiting to access the building, students will be directed to stand on painted markers on the pavement in order to follow social distancing guidelines.</li> </ul>			
Standard	<ul> <li>Students will enter the building through only one designated entrance daily. This will be done in an orderly manner practicing social distancing guidelines.</li> </ul>			
Operating Practices Tier 1	Temperature checks will be utilized for all that individuals that enter the building daily.			
Her i	<ul> <li>Building Entrance includes one of the following practices taking place daily</li> <li>-Teaching and reinforcing Handwashing with Soap and Water for 20 seconds</li> <li>-Use of hand sanitizer with at least 60% alcohol</li> </ul>			
	Provide adequate supplies daily to be sure that hygiene practices are able to be supported			
	Systematic and frequent checks of soap and hand sanitizer products			
	<ul> <li>Teaching and reinforcing staff and students to cough and sneeze into their elbows, or to cover with a tissue.</li> <li>Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.</li> </ul>			
	Limit sharing of personal items and supplies such as writing utensils.			
	Keep students' personal items separate and in individually labeled cubbies, containers or lockers.			
	<ul> <li>Limit use of classroom materials to small groups and disinfect between uses or provide adequate supplies to assign for individual student use.</li> </ul>			
	<ul> <li>Drinking straight from water fountains will be discouraged. Students will be encouraged to use the water fountains as fill stations to fill water bottles instead.</li> </ul>			
	Classes will be limited to 30 or less students in each classroom. Any meeting or activity that would be over the 30 person limit would need to take place in a Gymnasium, Auditorium or large meeting room.			

- Children who become ill at school should be placed in a designated area of quarantine with a mask in place. Staff responding to these students' needs wear a mask when caring for these students.
   Parents are allowed in the school building but should consider limiting their visits and will be confined to the office area only. All adults entering the building should wash or sanitize hands prior to entering.
   Only one parent per child should be allowed to enter except under extenuating circumstances determined by
  - school officials.
  - Strict records, including day and time, should be kept of non-school employees entering and exiting the building using the office visitor log.
  - Students will replicate the entrance process in which they dismiss in an orderly fashion. Upon dismissal and
    while they wait for transportation, students will be directed to stand on painted markers on the pavement in
    order to follow social distancing guidelines.
  - Guidance tape will be put on the floor at both buildings as a way to remind students to stay on their side of the hallway and keep as far apart as possible as they traverse the hallways.

#### Tier 2

- Spacing is four to six feet between desks.
- In early grades, K-2, where tables are utilized, recommend spacing students as far apart as feasible
- Arrange all desks facing the same direction toward the front of the classroom.
- Class sizes should be kept to less than 20 students or less (as afforded by necessary spacing requirements and personnel).
  - -If all students cannot fit in the classroom space available, it is recommended that we locate a separate facility to utilize for class daily, i.e. larger rooms or gymnasiums.
- Teachers should try to maintain six feet of spacing between themselves and students as much as possible.
- Assemblies of less than 50 students at a time are discouraged but allowed as long as facial coverings remain in use.
- Large scale assemblies of more than 50 students should be discontinued.
- Continued use of facial coverings will be worn at all times in classrooms & hallways for grades PreK-12. Any
  one that has trouble breathing or is unconscious should not wear a facial covering.

- Classroom windows should be open as much as possible as conditions allow. Hallway drum fans will be utilized to force outside air throughout the building.
- As able, schools should try to cohort groups of students to areas that can be monitored for positive cases if there is a COVID 19 exposure. Intermixing of grade levels is not suggested.
- As able, specialists from libraries, and other specialized services or locations should be brought to the classrooms instead of having students transit to those locations.
- Flow of foot traffic should be directed in only one direction, if possible. If one-way flow is not possible, hallways can be divided with either side following the same direction.
- Efforts should be made to try and keep six feet of distance between persons in the hallways.
- Staggered movements at incremental intervals should be used if feasible to minimize the number of persons in the hallways as able.
- Floor tape or other markers should be used at six foot intervals where line formation is anticipated.
- Provide social distancing floor/seating markings in waiting and reception areas.
- Mark six feet of spacing to remind students and staff to always stay six feet apart in lines and at other times when they may congregate.
- Provide marks on the doors of restrooms to indicate proper social distancing. Disengaging certain toilets and stalls in order to force social distancing as well.
- Have staff monitor arrival and dismissal to discourage congregating and ensure students go straight from a vehicle to their classrooms and vice-versa.
- Parents are not allowed in the school building except under extenuating circumstances determined by school
  officials; adults entering the building should wash or sanitize hands prior to entering.
- Volunteers will be allowed in the building but will be required to wash or sanitize hands prior to entering.
- Temperature checks on students can be performed once per day by staff; febrile students should be sent to the nurse's office for transport home.

	<ul> <li>Assemblies of up to 50 students at a time are discouraged but allowed as long as facial coverings remain in use.</li> </ul>	
	Outside guests are not allowed to attend school events during the day while school is in session.	
	Large scale assemblies of more than 50 students should be discontinued.	
	Off-site field trips and retreats will be discontinued.	
	If possible, classrooms should be utilized for eating in place, taking into consideration food allergies.	
	If possible, school supplied meals should be delivered to classrooms with disposable utensils.	
	The school can employ telecasting of events in place of in person attendance.	
	After school programs may continue with the use of facial coverings.	
Tier 3	Schools are closed for in-person instruction.	
	Schools enact off site food programs.	
	All athletics are suspended.	
	Cleaning practices adjusted to maintain school buildings in clean and well-functioning order.	
	All busing operations are suspended.	
	All teaching should be moved to distance learning platforms.	

# **Tenet**: Food Service/Security

**Food Service**: includes school meal services such as lunch and grab and go when school is operating on campus and during extended school closure.

	Grades K-12		Items Needed
Tier I (ALL STUDENTS)	<ul> <li>Social distance in line         <ul> <li>Add X's to floor</li> </ul> </li> <li>Every table wiped down between lunches</li> <li>Mobile sanitizing stations</li> <li>Regular Lunch Schedule</li> </ul>		<ul> <li>X's for floor Tape</li> <li>Mobile sanitizing stations</li> <li>Trays and silverware for all students</li> </ul>
Tier II (More lunch shifts with smaller numbers)	All of Tier I and     Stagger lunch shifts for smaller numbers in lunchroom     Alternate options for students to eat in the classroom     Limit Options		<ul> <li>X's on seats –         utilizing tape         markers</li> <li>To go supplies</li> <li>Trays and         silverware for all         students</li> </ul>
Tier III (NOT IN LUNCH ROOM)	All of Tier I & II and  Class by class to lunch room separately  Students put away trays in bus tubs in the hallway.  Sanitizing in the classroom after lunch Allergy considerations Alternate location for allergy students		<ul> <li>Bus tubs and table per school section</li> <li>Trays and silverware for all students</li> <li>Sanitizing spray/buckets per classroom.</li> <li>To go supplies</li> </ul>

	(lunchroom?)  Cleaning room(s)  Sack lunches Classroom expectations to avoid cross contamination.		
Tier IV (Distance Learning)	No In person school=     No lunch program		

# **Tenet**: Cleaning/Facility Modifications

**Cleaning/Facility Modifications**: includes guidelines for custodians and staff for how to proactively avoid the spread of germs and illness, how to respond when someone who has tested positive for COVID-19 has been on campus, and any safety related facility modifications made to reduce exposure or eliminate existing high touch areas.

	School
Tier I	<ul> <li>Base Pandemic Cleaning Plan School campuses should undergo normal cleaning on a daily basis.</li> <li>Strongly recommended that frequently touched surfaces including lights, doors, benches, bathrooms, etc. should undergo cleaning with either an EPA-approved disinfectant or dilute bleach solution (⅓ cup bleach in 1 gallon of water) at least twice daily.</li> <li>Libraries, computer labs, arts, and other hands-on classrooms should undergo standard cleaning procedures per normal operating status.</li> <li>Student desks should be wiped down with either an EPA-approved disinfectant or dilute bleach solution at the beginning and end of every day.</li> <li>Strongly suggested that athletic equipment (playground equipment) can be cleaned with either an EPA-approved disinfectant or dilute bleach solution daily.</li> <li>Staff should wear gloves and mask when performing all cleaning activities.</li> <li>Option to utilize Plexi glass shields in office areas</li> <li>Proactive purchase of cleaning supplies (9 week supply):         <ul> <li>Utilize the disinfecting electrostatic spray gun on surfaces every 48 hours</li> </ul> </li> </ul>
Tier II	<ul> <li>Base Pandemic Cleaning Plan School campuses should undergo normal cleaning on a daily basis.</li> <li>Strongly recommended that frequently touched surfaces including lights, doors, benches, bathrooms, etc. should undergo cleaning with either an EPA-approved disinfectant or dilute bleach solution (½ cup bleach in 1 gallon of water) at least twice daily.</li> <li>Libraries, computer labs, arts, and other hands-on classrooms should undergo standard cleaning procedures per normal operating status.</li> <li>Student desks should be wiped down with either an EPA-approved disinfectant or dilute bleach solution at the beginning and end of every day.</li> <li>Strongly suggested that athletic equipment (playground equipment) can be cleaned with either an EPA-approved disinfectant or dilute bleach solution daily.</li> <li>Staff should wear gloves and mask when performing all cleaning activities.</li> <li>Proactive purchase of clearing supplies (9 week supply):         <ul> <li>Utilize the disinfecting electrostatic spray gun on surfaces every 24 hours</li> </ul> </li> </ul>
Tier III	<ul> <li>Note steps when someone has been sick with COVID-19.</li> <li>Deep cleaning of the room/building with fogger and cleaning guidelines. Disinfect surfaces. Change air filters on HVAC.</li> </ul>

### **Tenet**: Extracurricular Activities

**Extracurricular Activities/External Facility Use**: includes sports, activities, field trips, and co-curricular functions beyond core, within school day, instruction as well as access to school athletic facilities by external groups.

Note: Note:

Personal Protective Equipment: Any participant, coach, spectator, official or community member attending an indoor on campus Archbishop Bergan Catholic School activity will be required to wear a mask upon entering the building and for the duration of their time in the facility.

	Athletics	Activities	Activities, Co-Curriculars, & Field Trips	External Facility Use
Tier I	<ul> <li>Resume Competition Season with best practice sanitary/safety protocols in place         <ul> <li>Frequent hand washing/sanitizing</li> <li>Arrange facility seating to accommodate 6' social distancing guidelines</li> </ul> </li> <li>Tier I Personnel (all)</li> <li>Updated NSAA Activity participation form for 20- 21).</li> </ul>	<ul> <li>Activities in Fall with Sanitary/Safety Protocols         <ul> <li>Frequent hand washing/sanitizing</li> <li>Fewer audience members to accommodate 6' distancing</li> </ul> </li> <li>Activity Practices with smaller groups, competitions in locations where they can accommodate sanitary and safety spacing</li> <li>Updated NSAA Activity participation form for 20-21).</li> <li>Tier I Personnel (all)</li> </ul>	<ul> <li>Activities and Cocurricular activities resume with best practice sanitary/safety protocols in place</li> <li>Frequent hand washing/Sanitizing</li> <li>Arrange facility seating to accommodate 6' Social Distancing Guidelines</li> <li>No field trips</li> <li>No assemblies</li> <li>Possibly Semester 2: Waivers signed by all families with specific COVID-19 language</li> <li>Updated NSAA Activity participation form for 20-21).</li> </ul>	<ul> <li>Rental of Facility can only occur if the activity/sport that the facility is being used for is allowed to conduct competition</li> <li>Waiver signed by both organization and individual families with specific COVID-19 language.</li> <li>Legalese posted around our facilities to inform community of warnings/potential risk</li> </ul>
Tier II	<ul><li>Tier I Measures     Activated</li><li>Altered Schedule in</li></ul>	<ul><li>Tier I Measures     Activated</li><li>Film/Live Stream</li></ul>	<ul><li>Tier I Measures     Activated</li><li>No field trips.</li></ul>	<ul><li>Tier I Measures     Activated</li><li>Facility use limited to</li></ul>

	place to reduce travel and exposure.  For example, only Contests in HS  MS could be reduced from 6 to 4 games, etc.  Reduced Fan Attendance  Schools provide Livestreaming Options for viewers.  Determine Tier II Personnel (Essential & Media & Non-essential)	musicals/drama but no audience.  • Film/Live Stream concerts, no audience  • Virtual options for fine arts, speech/debate	<ul> <li>No assemblies</li> <li>Possibly Semester 2:         Field Trips Requests         are determined on an         individual case basis         including factors such         as travel, place of         destination, essential         learning outcomes tied         to event, etc.</li> </ul>	Bergan Catholic Sports Only.
Tier III	<ul> <li>Tier I &amp; Tier II Measures         Activated</li> <li>Cancellation of Entire         Sports Programming         specific to individual         programs.         <ul> <li>Scenario could               be likely to allow                    Cross Country                     and golf for                    example, but                     Football                    cancelled.</li> </ul> </li> </ul>	<ul> <li>Tier I &amp; Tier II         Measures Activate</li> <li>move some fine arts         performances to Spring         or Cancel entirely</li> <li>Move Activities Fine         Arts such as Speech to         later in the year or         moved online entirely.</li> </ul>	<ul> <li>Tier I &amp; Tier II         Measures Activated</li> <li>No field trips</li> <li>No assemblies</li> </ul>	<ul> <li>Tier I &amp; Tier II         Measures Activated</li> <li>Facility use restricted         and/or cancelled for all         activities both internally         and externally.         <ul> <li>MS and lower             levelpPractices             could be             cancelled, but             not Varsity.</li> </ul> </li> </ul>

# **Tenet**: Academics

**Academics**: includes plans to address unfinished learning, continuity of learning (remote learning) in the event of extended school closure, and the delivery of educational services to special populations (e.g., special education, etc.).

	Core Classes Electives				
Extended School Closure School Continuity (Remote) Learning Plan	Grades K-3 operate using the Alternative Learning Plan process of picking up new and dropping off completed educational packets.  Grades 4-12 operate using the Alternative Learning Plan process of utilizing the Digital Learning platform to deliver classroom instruction.				
Short-Term (2-5 days) Closure Continuity Plan	Grades K-3 operate using the Alternative Learning Plan process of picking up new and dropping off completed educational packets. Grades 4-12 operate using the Alternative Learning Plan process of utilizing the Digital Learning platform to deliver classroom instruction.	n process of picking up new and dropping off completed educational packets.  les 4-12 operate using the Alternative Learning process of utilizing the Digital Learning platform to process of picking up new and dropping off completed educational packets.  Grades 4-12 operate using the Alternative Learning Plan process of utilizing the Digital Learning platform to			
Families with one family member living in the domicile that has an underlying Medical condition	Complete the online survey provided by the school that explains detailed information about the family's medical situation that would impair the student from attending school. This exemption from school attendance must be approved by administration.  If the student is Grades K-3 they will operate using the Alternative Learning Plan process of picking up new and dropping off completed educational packets.  If the student is in Grades 4-12 operate using the Alternative Learning Plan process of utilizing the Digital Learning platform to deliver classroom instruction.				
Families that chose not to send their student(s) to school due to safety concerns	These families must homeschool their students or must find another school to enroll your student. Archbishop Bergan Catholic School cannot provide you with any curriculum or academic support.				

# **Tenet:** Technology

**Technology Services**: includes promotion and support for the use of instructional technology for in-person and remote learning as well as logistics related to the distribution of devices and technology support (device repair, internet access, etc.) in the event of an extended school closure.

	Access: Devices & Internet	Help Desk/Support	Professional Development for Staff, Students & Families
Pre-Closure	100 additional     Chromebook devices     purchased to prepare for     possible distance learning	Support will be in place on site as normal through staff, tech team and email. (Extra safety measures in place.)	Investigate the use of broadcasting internet into the parking lots or use of mobile hotspots for students without internet access at home
Extended Closure	Grades 4-12 1:1 program will be in place to support extended closure.	<ul> <li>Support will move to email based support. Support will be provided via email to parents and students to support remote learning.</li> </ul>	Consider the use of broadcasting internet into the parking lots or use of mobile hotspots for students without internet access at home

# **Tenet**: Transportation

Transportation: includes plans to keep students safe and healthy on school buses within guidelines provided by public health experts. Personal Protective Equipment: All Bergan owned vehicles will be considered to fall under that same expectations for Personal Protective Equipment. All staff, students & visitors at Archbishop Bergan Catholic School will be required to wear a manufactured mask that has been approved by Administration while operating and riding in school vehicles until further notice. These masks will be worn continuously throughout the duration of the ride and may be removed when the individuals exit the vehicle when directed so by a staff member. All staff, students & visitors at Archbishop Bergan Catholic School who fail to wear a manufactured mask that has been approved by Administration will be required to purchase a disposable manufactured mask from the school and wear it until they exit school vehicle.

	School
Tier I	<ul> <li>All vehicles will be sanitized between each use.         <ul> <li>If applicable, sponsors will help sanitize vehicles after each use.</li> </ul> </li> <li>Students and parents will be encouraged to self-screen for cold or flu-like symptoms prior to coming to the vehicle.</li> <li>Staff and students will apply hand sanitizer upon entering the vehicle when it is safe to do so as it relates to traffic.</li> <li>Maintain open windows to promote airflow on the vehicle when feasible (e.g., weather elements).</li> <li>If applicable, on extracurricular trips, students should space out and sit one per seat.</li> </ul>
Tier II	<ul> <li>All vehicles will be sanitized between each use. If applicable, sponsors will help sanitize vehicles after each use.</li> <li>Students and parents will be encouraged to self-screen for cold or flu-like symptoms prior to coming to the vehicle.</li> <li>Staff and students will apply hand sanitizer upon entering the vehicle when it is safe to do so as it relates to traffic.</li> <li>Maintain open windows to promote airflow on the vehicle when feasible (e.g., weather elements).</li> <li>If applicable, on extracurricular trips, students should space out and sit one per seat.</li> <li>All students and drivers wear face coverings.</li> </ul>
Tier III	<ul> <li>All vehicles will be sanitized between each use.  If applicable, sponsors will help sanitize vehicles after each use.</li> <li>Students and parents will be encouraged to self-screen for cold or flu-like symptoms prior to coming to the vehicle.</li> <li>Staff and students will apply hand sanitizer upon entering the vehicle when it is safe to do so as it relates to traffic.</li> <li>Maintain open windows to promote airflow on the vehicle when feasible (e.g., weather elements).</li> <li>If applicable, on extracurricular trips, students should space out and sit one per seat.</li> <li>All students and drivers wear face coverings.</li> <li>Reduce bus capacity to one student per seat.</li> <li>Staff will mark seats for student seating to promote social distancing.</li> </ul>

# Tenet: Human Resources

**Human Resources**: includes policies and programs related to staff absenteeism, strategies to address personnel shortages, and high-risk populations.

	School
Tier I	Relaxed Certified Staff Leave Relaxed Support Staff Leave Families First Coronavirus Response Act  O Posted in all schools FMLA and Extended FMLA Staff Return to Work Survey High Risk Staff Members: Plan to protect TBD
Tier II	Tier II 50% attendance staff expectations
Tier III	Tier III Extended School Closure staff expectations

# **Tenet**: Wellness (Social and Emotional Supports)

**Wellness**: includes social and emotional supports and programs for students and staff as well as the strategic promotion of good personal hygiene habits across the school campus.

### Staff Wellness Supports:

- EHA
- Launch Nebraska
- Staff Survey to figure out what supports are needed
- Calming Room website
- Staff Social and Emotional Supports:
  - Expectations for learning/rigor/making up lost time and balancing social-emotional well-being of staff and students
- Tier 2
  - Stress and Anxiety Screener
  - o Providing specific resources to those in need
- Tier 3
  - Provide materials and cell phone numbers for those in crisis

### Student Social and Emotional Supports:

- Preparing kids for a return to school- collective trauma from the Spring and planning for support socially and re: anxiety.
- CDC guidance for talking with children about the coronavirus.
- Calming Room in the Office area

#### Tier 1 Minimal Risk

- CDC Guidance Talking with children about Coronavirus Disease 2019
- Healthier Generation
- National SHAPE
- Daily student check-in process (System-wide)

#### Tier 2

COVID-19 Screener

- Other:
  - 10% happier meditation
  - CBT-i Coach (Cognitive Behavioral Therapy for Insomnia)
  - COVID Coach (Education about coping during the pandemic, mood trackers, and lots of great stress management techniques and exercises)
  - Headspace
  - Insight Timer (Free with thousands of guided meditations)
  - Mindfulness Coach
  - PTSD Coach (Not just for PTSD. This app has numerous relaxation exercises in the Manage Symptoms Tools section)

### Mindfulness and anxiety reducing websites:

- 3 minute body scan (UC Berkeley Greater Good Science Center)
- 5 minute body scan (The Sleepy Aardvark)
- Three 2 to 3 minute lessons on deep breathing (Harvard Vanguard Medical Associates)

### **Personal Hygiene Promotional Efforts:**

Signs for buildings: CDC signs- print in English and Spanish

- CDC guidance for personal protections to stop the spread of the virus.
- Education for staff
- Provide self-screening information for families and staff.
- Promotional posters for hand hygiene, stop the spread of germs, symptoms of Coronavirus, and where to post them
- Have some social stories to utilize to teach mask wearing
- Increased hand sanitizer stations throughout the buildings
- Mark off social distancing by main offices

# Tenet: PPE

**PPE**: includes recommended or required PPE for students and staff to be worn during regular school operations.

	School
Tier I	<ul> <li>Archbishop Bergan Catholic School will provide three cloth masks to each staff and student at the beginning of the school year at no cost to the individual. All staff, students &amp; visitors at Archbishop Bergan Catholic School will be required to wear a manufactured mask that has been approved by Administration on School Property on days that have been identified as having school in session on the Academic Calendar. These masks will be worn continuously throughout the school day until the individual has left school property. All staff, students &amp; visitors at Archbishop Bergan Catholic School who fail to wear a manufactured mask that has been approved by Administration will be required to purchase a disposable manufactured mask from the school and wear it until they exit school property. Any student, staff or visitor that wishes to wear additional Personal Protective Equipment in the form of gloves or a face shield will be deemed compliant with school dress code and not receive disciplinary action. Any one that is incapacitated or unable to remove the facial covering without assistance, should not wear a facial covering.</li> <li>These masks will be required on the bus, in classrooms, and during passing periods except when eating lunch. Students and staff may furnish their own face covering so long as it covers the nose and mouth and is manufactured.</li> <li>Note: face shields (or clear face coverings) will be provided as appropriate for students and staff being served in specialized programs or with documented health needs and/or settings (e.g., Speech Language).</li> <li>Face coverings are required for all Bergan Catholic staff when on duty except during times they are working privately in their own classroom/office or at a social distance of greater than 6+ feet. Face coverings will be provided to staff, but they will also be allowed to furnish their own multilayered face covering.</li> <li>Face coverings will be provided and required for drivers and all students on a school bus.</li> </ul>
Tier II & III	<ul> <li>Archbishop Bergan Catholic School will provide three cloth masks to each staff and student at the beginning of the school year at no cost to the individual. All staff, students &amp; visitors at Archbishop Bergan Catholic School will be required to wear a manufactured mask that has been approved by Administration on School Property on days that have been identified as having school in session on the Academic Calendar. These masks will be worn continuously throughout the school day until the individual has left school property. All staff, students &amp; visitors at Archbishop Bergan Catholic School who fail to wear a manufactured mask that has been approved by Administration will be required to purchase a disposable manufactured mask from the school and wear it until they exit school property. Any student, staff or visitor that wishes to wear additional Personal Protective Equipment in the form of gloves or a face shield will be deemed compliant with school dress code and not receive disciplinary action. Any one that is incapacitated or unable to remove the facial covering without assistance, should not wear a facial covering.</li> <li>These masks will be required on the bus, in classrooms, and during passing periods except when eating lunch. Students and staff may furnish their own face covering so long as it covers the nose and mouth and is</li> </ul>

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Tier III	<ul> <li>Archbishop Bergan Catholic School will provide three cloth masks to each staff and student at the beginning of the school year at no cost to the individual. All staff, students &amp; visitors at Archbishop Bergan Catholic School will be required to wear a manufactured mask that has been approved by Administration on School Property on days that have been identified as having school in session on the Academic Calendar. These masks will be worn continuously throughout the school day until the individual has left school property. All staff, students &amp; visitors at Archbishop Bergan Catholic School who fail to wear a manufactured mask that has been approved by Administration will be required to purchase a disposable manufactured mask from the school and wear it until they exit school property. Any student, staff or visitor that wishes to wear additional Personal Protective Equipment in the form of gloves or a face shield will be deemed compliant with school dress code and not receive disciplinary action. Any one that is incapacitated or unable to remove the facial covering without assistance, should not wear a facial covering.</li> <li>These masks will be required on the bus, in classrooms, and during passing periods except when eating lunch. Students and staff may furnish their own face covering so long as it covers the nose and mouth and is manufactured.</li> <li>Note: face shields (or clear face coverings) will be provided as appropriate for students and staff being served in specialized programs or with documented health needs and/or settings (e.g., Speech Language).</li> <li>Face coverings are required for all Bergan Catholic staff when on duty except during times they are working privately in their own classroom/office or at a social distance of greater than 6+ feet. Face coverings will be provided to staff, but they will also be allowed to furnish their own multilayered face covering.</li> <li>Face coverings will be provided and required for drivers and all students on a school bus.<!--</td--></li></ul>

# **Tenet**: At-Risk or Vulnerable Populations

At-Risk or Vulnerable Populations: includes strategies to protect students and staff in higher risk categories.

	School
Tier I	<ul> <li>Systematically review all current plans (e.g., Individual Healthcare Plans, Individualized Education Plans or Accommodation plans) for accommodating students with special healthcare needs and update their care plans as needed to decrease their risk for exposure to COVID 19.</li> </ul>
	<ul> <li>Create a process for students/families and staff in which they fill out a Google Survey form to self-identify as high risk for severe illness due to COVID 19. Have a plan in place to address requests for alternative learning arrangements or work re-assignments for these students.</li> </ul>
	<ul> <li>Enable staff that self-identify as high risk for severe illness to minimize face-to-face contact and to allow them to maintain a distance of 6 feet from others, modify job responsibilities that limit exposure risk.</li> </ul>
Tier II	Same as Tier I
Tier III	Same as Tier I

### SCHOOLS DURING THE COVID-19 PANDEMIC

ALL

YES



The purpose of this tool is to assist administrators in making (re)opening decisions regarding K-12 schools during the COVID-19 pandemic. It is important to check with state and local health officials and other partners to determine the most appropriate actions while adjusting to meet the unique needs and circumstances of the local community.

### Should you consider opening?

- √ Will reopening be consistent with applicable state and local orders?
- √ Is the school ready to protect children and employees at higher risk for severe illness?

ALL

YES

√ Are you able to screen students and employees upon arrival for symptoms and history of exposure?



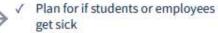
### Are recommended health and safety actions in place?

- √ Promote healthy hygiene practices such as hand washing and employees wearing a cloth face covering, as feasible
- √ Intensify cleaning. disinfection, and ventilation
- √ Encourage social distancing through increased spacing, small groups and limited mixing between groups, if feasible
- √ Train all employees on health and safety protocols

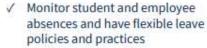


#### Is ongoing monitoring in place?

- √ Develop and implement procedures to check for signs and symptoms of students and employees daily upon arrival, as feasible
- ✓ Encourage anyone who is sick to stay home







√ Be ready to consult with the local health authorities if there are cases in the facility or an increase in cases in the local area





ALL



#### ADDITIONAL CONSIDERATIONS:

A Medical Exemption Google form has been sent out to parents & guardians of Bergan students. This form is only to be completed by families with one family member living in the domicile that has an underlying Medical condition. This will be reviewed by administration and you will receive an email or phone call back verifying the final decision on your student's attendance expectations. If a student(s) is approved for a Medical Exemption from attending school daily, your student is deemed ineligible to participate or attend any extracurricular activities sponsored by the school.

A visitor screening protocol checklist has been created and adopted in order to screen necessary individuals entering the building(s). This screen will be conducted, documented and filed for tracing practices in the event that it is needed.

A school Blueprint update communication will take place every two weeks with the school administration informing parents of any changes or updates to the blueprint plan, practices or procedures. This communication will take place every Monday starting August 24 & continuing every other Monday.

Parents and staff will be surveyed around Parent Teacher Conferences to determine how they are coping with Safety measures that have been put into place. The information gathered from this survey will be analyzed by the Safety Return to School Committee.